

Homecare anywhere in Switzerland

Do you need nursing or household assistance at home?

Qualified staff provide nursing and assistance services for people of all ages at home. Spitex also relieves caregiving relatives.

What does Spitex do?

You can apply for Spitex services in case of physical and psychological illness, age-related difficulties, following an accident, after giving birth or in case of complications during pregnancy.

Spitex services include:

Homecare: nursing and assistance at your home

- Assessment of the need for care
- Consultation for offers
- Assistance with personal hygiene
- Assistance for mobilization (getting up and going to bed)
- Preparation and administration of medication
- Medical checks including measuring of blood sugar, blood pressure and more
- Pain treatment
- Specialised wound care
- Oncology care and end-of-life support (palliative care)
- Psychiatric care services
- Children's nursing

Household assistance:

- Assistance with shopping
- Meal preparation
- Cleaning at home
- Doing laundry

Depending on the region Spitex may also offer:

- Meal delivery services
- Transport and assistance services (doctor, shopping)
- Renting of medical aids (e. g. crutches, inhalation devices or wheelchairs)

What is covered by the health insurance?

The compulsory health insurance pays for nursing services. This requires a Spitex nursing order of a physician.

What is not covered by the health insurance?

Costs of Spitex household assistance are not covered by the basic health insurance plan. Many insurance companies offer complementary insurance plans that may cover such services. Check with your health insurance provider for details. If you receive supplementary benefits, the community may partly cover the costs for household assistance.

What do clients have to cover themselves?

- Annual excess of the health insurance
- 10% of the nursing costs (deductible of the health insurance)
- Patient contribution for nursing services (maximum rate CHF 15.35 per day, varies by canton)
- Costs for household assistance

With professional and financial support of

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health information in
various languages

Spitex services are available in all regions of Switzerland. Find out more:

www.spitex.ch → Spitex in your region | Phone 0842 80 40 20 | Municipal administration of your domicile